

## Health Freedom's Wellness Walk Feb. 12th



**Health Freedom's Wellness Walk** ventured from Jubilee Park to CJ City Hall, on Feb. 12, to promote education on *Immune Health, medical - free choice and rally for mutual Support*. There were 17 community members participating in the wellness walk. Along the way they did a meet and greet, handed out literature, and used sign messaging to engage people. The band arrived at City hall just after 2 PM. Ten of us addressed herb/medicine therapies and nutraceuticals.

*We also addressed addiction, recovery, mental health, local vaccine and COVID injuries, the division with people on science, and with our own family and friends. The Vaxxed, non-vaxxed ideologic tensions, leading to the lack of: conversation, debate, and convening on prevailing science and medical evidence on effective health therapies.*

*News items shared were on: medical free choice, Canada's "Defeat the Mandates rally", and mounting safety concerns, worldwide, with the novel mRNA vaccine under EUA (since Feb. 2021). The literature we featured were: The FrontLine COVID Critical Care Alliances's most recent effective Protocols for treating CD-19. Veronika and Sharen Rose gave an excellent array of vita/nutraceutical info., diet, gut health, probiotics, honey, exercise, and good living habits as all key to optimizing natural immunity. Other speakers related their practices and experiences with contracting COVID, and the therapies they used, including recovering from mRNA vaccine induced injuries.*

*One such sever injury, related for their friend in the I.V. who contracted "Guillain-Barre Syndrome"; specifically Acute Idiopathic Demyelating Polyradiculoneuropathy (AIDP). Translation: his body's nervous system was attacked and badly damaged by an autoimmune reaction (ADE) to the second Maderna shot. The person's immune system attacked their peripheral nervous system, stripping the outer membrane of the nerve strands, severely inhabiting conductivity. His body went numb the next day, after the shot, he was left severely weakened, unable to stand or walk. From June to October, 2021, he was in a GP convalescent center receiving therapy. Now, seven months later he's only able to take a few steps with out a walker. Another person spoke about their cancer,*

*diagnosed shortly after their second mRNA shot. Deaths and other incidences were also mentioned.*

*We are very concerned about this, the suppression and censoring of information in today's media and health care system. The many people dying are being blamed on the unvaccinated, even by the president himself. It's astonishing, the division being promoted. Also COVID deaths have been so completely misrepresented. The CDC changed the qualification of what a COVID death was, from dying "from" to dying "with" COVID - as the qualifier. Only 6% died without other comorbid conditions on their death certificate, as indicated by the CDC themselves. Dying with a positive test was an automatic COVID death, no other information needed.*

*Also, relating accurate but "suppressed" information like this will give you a reputation of being a vaccine hesitancy promoter, anti-vaxxer, anti-health, or anti-science advocate. We don't want this type poison in our community. And we will fight to rise above it. These are some of the feelings we have. We don't want to be a divided community, and with family and friends. We have our perspectives, and often base on real evidence and science. It's not false just because it's not a part of the officially propagated narrative. Especially one you can't question, in a supposedly free society, and get real answers on. Even more concerning is the state of our community's mental health, and how our children are doing. We need to talk folks, and with the kids too. That is a big part of our Health Freedom group. Having that space with each other, and to talk about it, openly. We welcome you. Share your story with us.*

*I'll have a more expanded report on some of the sharing that went on at CJ City Hall and we will work on furthering our "State of Wellness Address" to the community at upcoming meetings. Visit us at <https://www.facebook.com/groups/ivhealthfreedom> May your day's journey be all it can be and find you smiling back at it.*